

## Center for Wellness Md EIN:46-3487190 8000 E Prentice Ave- Ste D10 Greenwood Village, Co 80111 303-309-3660- OUTPATIENT SERVICES

Prescription Renewal patients whose insurance covers weight loss medications (Ozempic, Wegovy, Monjuaro and Zepbound).

Dear Valued Patient,

We are reaching out with an important update about our weight loss care program. Our mission is to provide personalized, high-quality care tailored to the unique needs of both women and men throughout all stages of life.

To ensure the highest level of safety and effectiveness, we now require a provider evaluation visit every three (3) months for patients receiving weight loss prescriptions.

These visits include:

- Body composition scan
- Vital signs check
- Ordering and review of labs, if needed
- Progress review and medication adjustments
- Ongoing education and support

## **Billing Policy Update**

While your weight loss prescription may still be covered by insurance, our office will no longer bill insurance for these evaluation visits. These visits will now be charged at a flat rate of \$250.

We believe this change allows us to provide more streamlined and focused care while continuing to support your success. Our priority is emphasizing safety, efficacy, and continuity of care as you pursue your long-term health and wellness goals.

As a valued patient, we're pleased to offer you 20% off all Vitality Programs to help you maximize your health and wellness benefits.

Warm regards, Center for Wellness MD and Women's Health



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Specific Requirements that need to be met under medical plans.

Medication History: You may need to provide information about previous weight loss medications you have tried and failed, including the duration of those trials and the reasons for discontinuation or ineffectiveness. Need to show lab results showing Hemoglobin A1C above 6.7

BMI and Comorbidities: Some plans may cover weight loss if you have a BMI of 30 or above, or a BMI of 27 or above with related conditions like; high blood pressure, heart disease, or other obesity-related health issues.

Step Therapy: Some plans require you to try other, less expensive medications for diabetes or weight management before approval.

Lifestyle Modifications: Some plans may require you to participate in a medically supervised weight loss program for a certain period before considering and need to show weight loss of 5% from 1<sup>st</sup> visit. Need to be seen every 3-4 months for documentation.

Medical Necessity: A letter of medical necessity from your provider, explaining why medication is essential and why other treatments are unsuitable, may be required.

Prior Authorization: Many plans will require prior authorization, where your doctor needs to submit a request explaining why it is medically necessary, especially for off-label use.

Medication	FDA approval
Ozempic (semaglutide)	Type 2 diabetes, cardiovascular benefits
Mounjaro (tirzepatide)	Type 2 diabetes
Rybelsus (semaglutide)	Type 2 diabetes
<u>Trulicity</u> (dulaglutide)	Type 2 diabetes, cardiovascular benefits
<u>Victoza</u> (liraglutide)	Type 2 diabetes, cardiovascular benefits



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Wegovy (semaglutide)	Weight loss, <u>cardiovascular benefits</u>
Saxenda (liraglutide)	Weight loss
Zepbound (tirzepatide)	Weight loss